**GIVING ADVICE WITH “Should**” advices (Consejos). -> deberia

I am really tired -> You should go to bed or

you should rest

I’m getting fat -> you should eat less or

You shouldn’t eat so much

My back really hurts -> you should see a doctor

Should is used when asking for:

*Positive form:*

Subject + Should + base form of verb (infinitive)

You should take a rest

You should take an aspirin

They should see a doctor

He should stop eating sweets

I should study english every day

*Negative form:*

Subject + Should not + base form of verb (infinitive)

I shouldn’t go to bed so late

She shouldn’t work so much

*Question form:*

Should +Subject + base form of verb (infinitive) + objects

Should I see a dentist?

What should I do?